

# Biochemical Repair Key to Treating Drug and Alcohol Abuse

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**Have you ever wondered why some people can have a social drink or two without consequences while others are alcoholics? Or why the person who appears to have it all is addicted to pain medication?**

The harsh reality is that one out of every 10 people that you come into contact with is suffering from an addiction. From the stay-at-home mom to the corporate CEO, addiction does not discriminate in its ability to entice, trap and destroy relationships, families and careers.

According to information released from the Center for Disease Control ([www.CDC.gov](http://www.CDC.gov)) the overdose rates of even the nonmedical use of prescription pain medications is higher than that of heroin and cocaine and is rapidly becoming a national epidemic. Even that which is intended for temporary use has become an easily obtainable high. Combine prescription and illegal drugs and alcohol with depression, poor diet and social issues, and a foundation is laid for the exhausting cycle of recovery and relapse that ultimately creates a worse condition in the long run with no way out. A holistic approach to the treatment and recovery process that addresses genetic factors, nutritional deficiencies and medical conditions may improve sobriety success.

Biochemical repair has been identified as the missing link in the use of a more holistic approach to the treatment of drug and alcohol abuse. A person's genetic factors, nutritional deficiencies and medical conditions contribute to the physical and

psychological drive to self-medicate with drugs and alcohol. Many alcoholics have tested positive for hypoglycemia which can result from a poor diet and the overuse of sugar and simple carbohydrates. If a person does not correct this, he or she can have anywhere from several to all of the 64 symptoms of hypoglycemia — including depression, dizziness and fatigue — making it quite difficult to stay sober.

Analyzing biochemistry within the realm of addiction treatment is a way to gain a better understanding of the physiological effects of alcohol and drug addiction. There are certain biochemical imbalances that can make a person more prone to the addictive cycle, and by restoring the body's chemical balance, a person is much more capable of overcoming an addiction.

In biochemical repair, clients receive individualized medical assessments and customized biochemical treatment regimens. Initially, a series of medically supervised laboratory tests are run to identify problematic factors such as hypothyroidism, hypoglycemia, vitamin and mineral deficiencies or toxicities, excessive metals, food allergies and histamine levels. Amino acid and hormonal imbalances are also identified. The test results are interpreted by physicians who correct imbalances by means of individualized dietary and natural supplements.

For example, if a person has a high histamine level, neurons in the brain fire excessively causing racing thoughts that result in insomnia, extreme anxiety, difficulty concentrating and compulsive behavior. To address this condition, a patient is given the amino acid L-Methionine to bring down histamine levels to reduce or eliminate these symptoms.

Biochemical repair therapy involves the use of IV drips to supply amino acids, vitamins and minerals to rapidly restore health. Those in recovery find relief from withdrawal symptoms and receive a boost to their overall health almost immediately.

Once balance is restored in the body, the person is stronger and healthier, which leads to a more complete recovery. The belief is that addiction is the sole result of mental needs. However, current research indicates that those suffering from addiction have chemical imbalances that lead to physiological differences.

InnerBalance Health Center located at 1414 West 28th Street in Loveland, Colorado, uses biochemical repair methodology for addiction treatment, and they offer a 28-day comprehensive treatment program that addresses every aspect of recovery.

Collaboration among specialists allows an integrative approach of body, mind and spirit essential to regaining total health after an addiction. Combined expertise in medicine, nutrition, fitness and therapy means that clients are given the best chance at success in every aspect of recovery which includes but is not limited to:

- Medical assessment
- Extensive laboratory testing
- IV therapy
- Individualized biochemical repair
- Replacement therapy, using natural supplements, not medications
- Lifestyle changes
- Biochemical education
- Diet and nutrition education
- Natural and Organic Meals
- Individual Addiction Counseling Sessions
- Athletic Club Personal Trainer
- Yoga instruction
- Reiki
- Acupuncture
- Meditation instruction



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